



# Plenvu Prep Instructions

## PLENVU BOWEL PREP KIT INSTRUCTIONS

- PLENVU Bowel Prep Kit is indicated for cleansing of the colon as a preparation for a colonoscopy in adults.
- Be sure to tell your doctor about the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. PLENVU Bowel Prep Kit may affect how other medicines work.
- Medication taken by mouth may not be absorbed properly when taken within one hour before the start of each dose of PLENVU Bowel Prep Kit.
- The most common adverse reactions after administration of the PLENVU Bowel Prep Kit were overall discomfort, abdominal distention, abdominal pain, nausea, vomiting, and headache.
- If you have any questions about taking PLENVU Bowel Prep Kit, call your doctor.

**FIRST DOSE: Begin Step 1 at the time designated by the doctor the evening before your procedure and proceed according to the following steps:**

1. Pour the **Dose 1** pouch of PLENVU liquid into the mixing container.
2. Add cool drinking water to the 16-ounce line on the container and mix either by shaking or stirring until it completely dissolves, this may take 2-3 minutes. **Note:** *Dilute the solution concentrate as directed prior to use.*
3. Drink **ALL** the liquid in the container. **Sip slowly over 30 minutes.**
4. You **must** drink two or more 16-ounce containers of water/clear liquids over the next hour.

**SECOND DOSE: 15 minutes prior to started the 2<sup>nd</sup> dose, drink 16-ounces of water/clear liquid. Begin Step 1 at the time designated by the doctor on the morning prior to your procedure and proceed according to steps 1-4.**

For this dose, use the Dose 2 pouches (Pouches A & B).

**CONTINUE DRINKING CLEAR LIQUIDS/WATER.**

**YOU MUST STOP DRINKING WATER/CLEAR LIQUIDS 4 HOURS PRIOR TO YOUR SCHEDULED PROCEDURE.**