



***We have found the need to implement a \$300.00 fee for the cancellation of the procedure less than 10 days of the surgery. Please note that our office may need to move your surgery date and time and for this instance you will not be charged.***

**Procedure Date:** \_\_\_\_\_

**Time of Procedure:** \_\_\_\_\_

**Arrival Time:** \_\_\_\_\_

**Inova Loudoun Ambulatory Center  
44035 Riverside Parkway  
Leesburg VA, 20176-Second floor.**

***At your office visit we reviewed your medical risk factors, however the anesthesia team may require additional information or screening prior to the procedure.***

**You may need to make changes to your daily medicines**

- If you are **70 years** of age or older, or if you take insulin for diabetes, we will require an Electrocardiogram (EKG) dated within a year of the procedure.  
  
If you have diabetes call the doctor who manages your diabetes to discuss how to manage your medicines for this procedure.
- If you take blood thinners such as Plavix, Coumadin, Xarelto, Effient, Pletal, Eliquis, Fragmin, Pradaxa, Brillinta, Innohep, Savaysa, Lovenox, Heparin, or any other blood thinner not on this list, you will need additional instructions provided from the doctor who manages your medication, and you may also need a medical clearance. It is very important for us to receive the instructions on your blood thinner in a timely manner, as you may require additional testing. Please plan to have all tests done as soon as possible to avoid rescheduling the procedure.

**7 DAYS BEFORE YOUR PROCEDURE**

You should stop taking non-steroidal anti-inflammatory (NSAID) medications, such as Ibuprofen, Motrin, Aleve, Advil, and Naproxen. You may continue to take Aspirin if recommended by your doctors, otherwise stop **Aspirin 7** days before the procedure.

- If you take a PPI such as Nexium, Protonix, Prevacid, Aciphex, Prilosec, and Dexilant please take your regular dose up through the day before the procedure.
- If you take any **Blood Pressure** medications, please continue taking them including the morning of the procedure with a sip of water.

**Because you are not allowed to drive for 24 hours, and to help ensure your safety, an adult must accompany you and drive you home. Your ride must be available to pick you up when the nurse calls. Transportation by taxi is acceptable if a responsible adult is with you.**

**Ambulatory Surgery Center requests that you fill out your medical history online with *One Medical Passport*.**

We recommend that you enter your entire medical history online **as soon as your procedure has been scheduled**. Once you do this, our Pre-Operative Assessment information will assist the nurse in organizing and documenting your complete medical history to prepare for your procedure.

To begin your online Pre-Operative Assessment:

1. Go to our website: [www.onemedicalpassport.com](http://www.onemedicalpassport.com)
2. Complete the registration and medical history screens, click **Finish** to submit your Medical Passport to the medical facility.

Be sure to have the following information available before starting your *Medical Passport*:

- Your health insurance information.
- The names, addresses, and phone numbers of your physicians.
- A list of all the medications you are taking, their dosage and frequency.
- A list of all the procedures you have ever had and their approximate dates.

***Note: if you are not able to complete your medical history online, please call our Pre-Op nurse between 8:00 AM and 5:00 PM at (571) 209-6440 as soon as possible to complete your health history. You will still need to have the above information available when you call. Please allow 20-30 minutes for this call.***

**About *One Medical Passport*:**

Completing a *One Medical Passport* medical history online is easy. For most patients, filling out the entire questionnaire takes less than 30 minutes. Please fill out the questionnaire accurately and be assured that your information is kept confidential and will be thoroughly reviewed by your medical team. At any time, you can quit filling out the questionnaire and come back and complete the unfinished portion at a more convenient time.

*One Medical Passport* is a website that allows you to enter your information at any time from anywhere. You can also print out a copy of your medical history after you create it online and keep it with you or

with your other health care documents, as well as have access to it online anytime you need it or want to update it.

**If you have any questions, Please Contact (703) 858-3060**