

## Sutab Prep Instructions

## The Dosing Regimen

SUTAB is a split-dose (2-day) regimen. A total of 24 tablets is required for complete preparation for colonoscopy. You will take the tablets in two doses of 12 tables each. Water must be consumed with each dose of SUTAB, and additional water must be consumed after each dose.

## DOSE 1-On the Day Prior to Colonoscopy

Date:\_\_\_\_\_ Time: \_\_\_\_\_ Time: \_\_\_\_\_

Take the tablets with water

**STEP 1** Open 1 bottle of 12 tablets.

**STEP 2** Fill the provided container with 16 ounces of water (up to the fill line). Swallow each tablet with a sip of water and drink the entire amount of water over 15-20 minutes.

Drink Additional Water

**STEP 3** Approximately 1 hour after the last tablet is ingested, fill the provided container again with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

**STEP 4** Approximately 30 minutes after finishing the second container of water, fill the provided container with 16 ounces of water (up to the fill line), and drink the entire amount over 30 minutes.

## DOSE 2-Day of the Colonoscopy

- The morning of colonoscopy (5 to 8 hours prior to the colonoscopy and no sooner than 5 hours from starting Dose 1), open the second bottle of 12 tablets.
- Repeat STEP 1 to STEP 4 from Dose 1

Date:\_\_\_\_\_ Time: \_\_\_\_\_

**IMPORTANT:** You must complete all SUTAB tablets and required water at least 4 hours before colonoscopy

**IMPORTANT:** If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause or slow the rate of drinking the additional water until 2 your symptoms diminish.