



Suprep Prep Instructions

SUPREP BOWEL PREP KIT INSTRUCTIONS

- SUPREP Bowel Prep Kit is indicated for cleansing of the colon as a preparation for a colonoscopy in adults
- Be sure to tell your doctor about the medicines you take, including prescription and non-prescription medicines, vitamins, and herbal supplements. SUPREP Bowel Prep Kit may affect how other medicines work.
- Medication taken by mouth may not be absorbed properly when taken within one hour before the start of each dose of SUPREP Bowel Prep Kit.
- The most common adverse reactions after administration of the SUPREP Bowel Prep Kit were: overall discomfort, abdominal distention, abdominal pain, nausea, vomiting, and headache.
- If you have any questions about taking SUPREP Bowel Prep Kit, call your doctor.

FIRST DOSE: Begin Step 1 at the time designated by the doctor the evening before your procedure and proceed according to the following steps:

Date: _____ **Time:** _____

1. Pour **ONE** 6-ounce bottle of SUPREP liquid into the mixing container
2. Add cool drinking water to the 16-ounce line on the container and mix. **Note:** *Dilute the solution concentrate as directed prior to use.*
3. Drink **ALL** the liquid in the container. **Sip Slowly over 40 Minutes.**
4. You **must** drink two or more 16-ounce containers of water/clear liquids over the next hour.

SECOND DOSE: 15 minutes prior to starting the 2nd dose, drink 16-ounces of water / clear liquid. Begin step 1 at the time designated by the doctor on the morning prior to your procedure and proceed according to steps 1-4. For this dose, use the other 6-ounce bottle.

Date: _____ **Time:** _____

CONTINUE DRINKING CLEAR LIQUIDS / WATER.

YOU MUST STOP DRINKING WATER/CLEAR LIQUIDS 4 HOURS PRIOR TO YOUR SCHEDULED PROCEDURE.