



## Clenpiq Instructions

### **NO MIXING OR DILUTING**

To open the CLENPIQ bottle: Place the bottle on a flat surface. Push down on the cap while twisting to the left (counterclockwise). Twist the cap until you see the white plastic ring under the cap is broken.

### **Day before colonoscopy**

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

- Drink first bottle (only one)
- Drink five or more 8-ounces (oz) cups of clear liquids over the next 5 hours.

### **Day of colonoscopy**

**Date:** \_\_\_\_\_ **Time:** \_\_\_\_\_

- Drink second bottle
- Drink four or more 8-ounces (oz) cups (32 oz) of clear liquids.

**IMPORTANT:** If you experience preparation-related symptoms (for example, nausea, bloating, or cramping), pause or slow the rate of drinking the additional water until 2 your symptoms diminish.

**All clear liquid must be finished at least 4 hours before the procedure.**