



***We have found the need to implement a \$300.00 fee for the cancellation of the procedure less than 10 days of the surgery. Please note that our office may need to move your surgery date and time and for this instance you will not be charged.***

**Procedure Date:** \_\_\_\_\_

**Time of Procedure:** \_\_\_\_\_

**Arrival Time:** \_\_\_\_\_

**Inova Loudoun Hospital-Outpatient Surgery  
440455 Riverside Parkway  
Leesburg VA, 20176**

***At your office visit we reviewed your medical risk factors, however the anesthesia team may require additional information or screening prior to the procedure.***

**You may need to make changes to your daily medicines**

- If you are **70 years** of age or older, or if you take insulin for diabetes, we will require an Electrocardiogram (**EKG**) dated within a year of the procedure.

If you have diabetes call the doctor who manages your diabetes to discuss how to manage your medicines for this procedure.

- If you take blood thinners such as Plavix, Coumadin, Xarelto, Effient, Pletal, Eliquis, Fragmin, Pradaxa, Brillinta, Innohep, Savaysa, Lovenox, Heparin, or any other blood thinner not on this list, you will need additional instructions provided from the doctor who manages your medication, and you may also need a medical clearance. It is very important for us to receive the instructions on your blood thinner in a timely manner, as you may require additional testing. Please plan to have all tests done as soon as possible to avoid rescheduling the procedure.

#### **7 DAYS BEFORE YOUR PROCEDURE**

You should stop taking non-steroidal anti-inflammatory (NSAID) medications, such as Ibuprofen, Motrin, Aleve, Advil, and Naproxen. You may continue to take Aspirin if recommended by your doctors, otherwise stop **Aspirin 7** days before the procedure.

- If you take a PPI such as Nexium, Protonix, Prevacid, Aciphex, Prilosec, and Dexilant please take your regular dose up through the day before the procedure.
- If you take any **Blood Pressure** medications, please continue taking them including the morning of the procedure with a sip of water.

**Because you are not allowed to drive for 24 hours, and to help ensure your safety, an adult must accompany you and drive you home. Your ride must be available to pick you up when the nurse calls. Transportation by taxi is acceptable if a responsible adult is with you.**

**If you have any questions, Please Contact (703) 858-3060**